

Frequently Asked Questions

New Zealand Certificate in Health and Wellbeing



Applying

Can I apply even if I don't have NCEA credits?

Yes. Life experience and related skills could make you eligible to apply. Get in touch and we can talk about alternative ways to meet the entry criteria.

Do I need to fill in every part of the application form?

Yes. Unless you fill in every field, the application won't submit. If you're not sure about something, contact Admissions and Enrolments.

I have a criminal conviction. Does that stop me from applying?

No, it doesn't but it may limit your options for placements and career opportunities. We suggest you apply anyway, and we can discuss this in more detail.

The Programme

There are three strand options for the certificate. How different are they?

All three options (community facilitation/social services/mental health and addiction support) cover the same knowledge and course content. However, when you come to do your assignments, you'll relate them to your chosen speciality. Your placement will also be specific to your chosen speciality.

How will I spend my time during the course?

Each week you'll spend two days (between 9am and 3pm) in class, one day (on average) on placement and 10-20 hours studying at home. If you have dependent whānau, it's a good idea to pre-arrange support from extended family and friends, so they can step in to help if necessary while you attend class or your placement.

What is the class environment like?

The New Zealand Certificate in Health and Wellbeing attracts individuals of all ages and from all walks of life; you'll learn a lot from your fellow students and their life experiences. Classes are interactive, immersive and involve a lot of group activities. This allows you and your classmates to get to know each other and share knowledge and experiences. Your tutors will also get to know you and will actively support your learning.

Do you arrange a work placement for me?

Yes, we'll find an organisation that can provide a minimum of 200 hours unpaid work experience to suit your chosen specialty, however, you'll arrange your actual days/hours/shifts with them directly. You're required to do at least 200 hours on placement but the more hours you do, the more experience you'll gain which can enhance your employment opportunities. If you're already employed in a suitable organisation, you can use your workplace as your placement.

Career Opportunities

Where can I work with this qualification?

There are many organisations that require people with the skills you'll gain from this programme. Many of our graduates are employed by their placement providers or find work through these networks and contacts. Possible areas of employment include: residential aged care support and aged care day programmes; after school and school holiday programmes; residential youth work; family support services; community support work; mental health support work and peer support.

What other opportunities does it provide?

Depending on your interests and motivation, you could create your own service or agency. The certificate is also a steppingstone towards the Bachelor of Social Work.