

Next Step Centre for Women – Timetable 2026



Code	Course Name	Term	Day	Start	End	Start Date	End Date	Duration	Fee ¹
LSNO101V1	New Outlook for Women	26-T1	Tue/Wed/Thu	9.30am	2.15pm	03/02/2026	02/04/2026	9 weeks	\$145
		26-T2	Tue/Wed/Thu	9.30am	2.15pm	28/04/2026	25/06/2026	9 weeks	\$145
		26-T3	Tue/Wed/Thu	9.30am	2.15pm	21/07/2026	17/09/2026	9 weeks	\$145
		26-T4	Tue/Wed/Thu	9.30am	2.15pm	13/10/2026	10/12/2026	9 weeks	\$145
CSSD101V4	Self Development for Women	26-T1	Mon	9am	12pm	09/03/2026	30/03/2026	4 x 3-hour classes	\$86
		26-T3	Mon	9.30am	11.30am	10/08/2026	14/09/2026	4 x 3-hour classes	\$86
CSSE101V4	Self Esteem for Women	26-T2	Mon*	12.30pm	2.30pm	11/05/2026	22/06/2026	6 x 2-hour classes	\$86
		26-T4	Mon	12.30pm	2.30pm	02/11/2026	07/12/2026	6 x 2-hour classes	\$86
CSSU101V5	Assertive Communication and Confidence	26-T1	Mon	9am	12pm	09/03/2026	30/03/2026	4 x 3-hour classes	\$86
		26-T2	Mon*	9am	12pm	18/05/2026	15/06/2026	4 x 3-hour classes	\$86
		26-T4	Mon	9am	12pm	02/11/2026	23/11/2026	4 x 3-hour classes	\$86
CSWA101V5	Anger Management for Women	26-T3	Fri	9am	12pm	28/08/2026	18/09/2026	4 x 3-hour classes	\$86
CSEM101V4	Self Empowerment for Women	26-T4	Fri***	10am	12pm	16/10/2026	27/11/2026	6 x 2-hour classes	\$86
*Please note: Updating Skills has been replaced by the following course – open to all, from 2026 does not sit within the Next Step Centre for Women									
NZ2862V2	NZ Certificate in Foundation Skills (L2)	26-S1	Mon/Tue/Wed/Thu	9am	3pm	16/02/2026	25/06/2026	17 weeks	–
		26-S2	Mon**/Tue/Wed/Thu	9am	3pm	20/07/2026	26/11/2026	17 weeks	–

1. Domestic Fee – subject to change.

Note: All dates are correct at the time of printing; all course deliveries are dependent on sufficient enrolment numbers; Ara reserves the right to amend offerings to meet operational needs.

Key: *No class Monday 1 June (King's Birthday Weekend). ** No class Monday 26 October (Labour Weekend). *** No class Friday 13th November (Canterbury Anniversary Day).

Updated: LR 01/12/2025

