

## Treatments performed by Certificate students

### Eyelash and eyebrow tinting

Look like you're always wearing mascara and frame your face with more defined eyebrows.

\$10	Eyelash tint
\$5	Eyebrow tint
\$5	Eyebrow tidy

### Lash lift

Lift your lashes from the root, to give the appearance of volume, curl and length.

\$30	Lash lift
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### Pure Fiji manicure or pedicure

Let us pamper you with a manicure or pedicure treatment along with a luxurious hand or foot massage.

\$15	Add \$5 for a paraffin dip
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### Sothys facial

Enjoy a luxurious 60-minute facial with active biological ingredients that help your skin preserve its balance and maintain its wellbeing.

\$25

### Waxing

Choose from half leg, full leg, underarm, bikini, brows, upper lip or sides of face.

\$5 - \$10	per area
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### Spray tan

Get that golden summer glow, all year round.

\$10

## Treatments available from 17 October

### Relaxation massage

Take time out of your busy day and let us soothe those tired muscles.

\$40	60-minute full body
\$25	30 minute back, neck and shoulder

### Makeup application

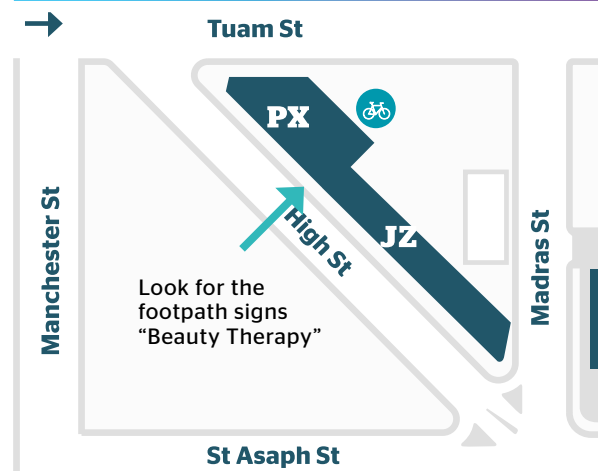
Look fabulous with a professional makeup application and get advice on the products best suited to your face and eye shape.

\$10

### Certificate clinic dates 2022

Mondays	9.30am - 11.45am and 12.45pm - 4.30pm	1, 15, 29 August,
	1pm - 4.30pm	12, 26 September,
	9.30am - 11.45am and 12.45pm - 4.30pm	14 November
Tuesdays	10am - 11.45am and 1.15pm - 3pm	23 August, 18 October, 15 November
	Wednesday	9.30am - 12pm and 12.30pm - 3.30pm
1pm - 4.30pm		14, 28 September 16 November
Thursdays	12.45pm - 2.45pm	4, 18 August, 1 September
	Friday	9.30am - 11.15am and 12.15pm - 2.30pm

### Christchurch clinic location



To book your appointment: [treatments@ara.ac.nz](mailto:treatments@ara.ac.nz)  
144 High Street, City campus, Christchurch



[ara.ac.nz](http://ara.ac.nz)  
0800 24 24 76

# Relax, revive and radiate

Beauty therapy treatments at Ara





Enjoy a relaxing beauty treatment, performed by an Ara beauty therapy student under professional supervision.

**Please note:** treatments are priced according to the experience of the student providing them. Certificate and Diploma students are available at varying times; please refer to 2022 clinic dates as shown in this brochure.

## Treatments performed by Diploma students

### Eyelash and eyebrow tinting

Look like you're always wearing mascara and frame your face with more defined eyebrows.

\$15	Eyelash tint
\$10	Eyebrow tint
\$10	Eyebrow tidy

### O Cosmedics Facial

A supercharged 60 minute facial with enzymatic benefits. A great starting out treatment, suitable for all skin types.

**\$40**                      **Add \$20 for Alginate mask**

### Waxing

Choose from half leg, underarm, bikini, Brazilian, brows, upper lip, sides of face, chin.

**\$15**                      **per area**  
**\$25**                      **Brazilian waxing (females only)**

### Consultation and Observ skin analysis

Discuss your skin concerns and tell us what you'd like to achieve. Based on your skin consultation and analysis, your therapist will recommend a tailored treatment plan.

**FREE**

### O Cosmedics Pro Dermal Peel\*

Our Pro Dermal O Cosmedic treatments of intense, skinchanging results and a youthful, healthy radiance. This includes a soothing alginate mask plus a décolletage and neck massage or hand and arm massage. Your therapist will analyse your skin to determine your peel treatment and daily skin prescription.

**\$70**

### O Cosmedics Advanced Alginate Mask

Hydrate your skin with this electrolyte-infused skin-boosting treatment.

**\$25**

### Microdermabrasion/hydrabrasion\*

Reveal a brighter complexion with this non-invasive, deep exfoliation treatment or experience a dry and wet exfoliation that will polish, refine and hydrate your skin.

**\$40**                      **Add \$20 for Alginate mask**

### Electrolysis hair removal

Please enquire for availability.

*\*Note: a complimentary consultation and skin analysis must be completed before this service is provided for the first time*

### LED

Stimulate the skin's natural regeneration process by harnessing the power of light in this targeted, non-invasive treatment. Available as an add-on with any facial treatment.

**\$30 or \$20 as add-on**

### Micro needling - available from 6 September

Experience rejuvenated, lifted and tightened skin with Dr Pen's advanced micro-needling system.

**\$70**                      **Add \$20 for LED**

## Treatments available from 17 October

### Hot stone massage

Relax as we ease tense, tired muscles by applying smooth, flat, heated stones to the body during this 60-minute treatment.

**\$60**

### Full body exfoliation and mask

Nourish and hydrate with the ultimate 90-minute full body treatment.

**\$60**

### Diploma clinic dates 2022

<b>Monday</b>	<b>9.15am - 4.15pm</b>	1 August
	<b>12.45pm - 4.15pm</b>	31 October, 14 November
<b>Tuesday</b>	<b>9.45am - 4.45pm</b>	16 August, 15 November
	<b>9.45pm - 12pm</b>	30 August, 20 September
	<b>9.45am - 11.45am</b>	6 September
	<b>9.45am - 4.30pm</b>	1 November
<b>Thursday</b>	<b>9.45am - 4.45pm</b>	15 November
	<b>9.45am - 11.45am</b>	22 September
	<b>1pm - 4pm</b>	20 October
	<b>9.45am - 4.15pm</b>	17 November