

Next Step Centre for Women – Timetable 2025



Code	Course Name	Term	Day	Start	End	Start Date	End Date	Duration	Fee ¹
LSNO101V1	New Outlook for Women	25-T1	Tue/Wed/Thu	9.30am	2.15pm	11/02/2025	17/04/2025	9 weeks	\$137
		25-T2	Tue/Wed/Thu	9.30am	2.15pm	29/04/2025	26/06/2025	9 weeks	\$137
		25-T3	Tue/Wed/Thu	9.30am	2.15pm	22/07/2025	18/09/2025	9 weeks	\$137
		25-T4	Tue/Wed/Thu	9.30am	2.15pm	07/10/2025	04/12/2025	9 weeks	\$137
FNUS200V1	Updating Skills	25-T1	Mon/Tue/Wed/Thu	9.15am	2.30pm	10/02/2025	10/04/2025	9 weeks	–
		25-T2	Mon*/Tue/Wed/Thu	9.15am	2.30pm	28/04/2025	26/06/2025	9 weeks	–
		25-T3	Mon/Tue/Wed/Thu	9.15am	2.30pm	21/07/2025	18/09/2025	9 weeks	–
		25-T4	Mon**/Tue/Wed/Thu	9.15am	2.30pm	06/10/2025	04/12/2025	9 weeks	–
CSSD101V4	Self Development for Women	25-T1	Mon	12.30pm	2.30pm	17/02/2025	31/03/2025	6 x 2-hour classes	\$81
		25-T3	Mon	9.30am	11.30am	11/08/2025	15/09/2025	6 x 2-hour classes	\$81
CSSE101V4	Self Esteem for Women	25-T2	Mon*	12.30pm	2.30pm	12/05/2025	23/06/2025	6 x 2-hour classes	\$81
		25-T4	Mon	12.30pm	2.30pm	03/11/2025	08/12/2025	6 x 2-hour classes	\$81
CSSU101V5	Assertive Communication and Confidence	25-T1	Mon	9am	12pm	10/03/2025	31/03/2025	4 x 3-hour classes	\$81
		25-T2	Mon*	9am	12pm	19/05/2025	23/06/2025	4 x 3-hour classes	\$81
		25-T4	Mon	9am	12pm	03/11/2025	24/11/2025	4 x 3-hour classes	\$81
CSWA101V5	Anger Management for Women	25-T3	Fri	9am	12pm	29/08/2025	19/09/2025	4 x 3-hour classes	\$81
CSEM101V4	Self Empowerment for Women	25-T4	Fri***	10am	12pm	17/10/2025	28/11/2025	6 x 2-hour classes	\$81

1. Domestic Fee – subject to change.

Note: All dates are correct at the time of printing; all course deliveries are dependent on sufficient enrolment numbers; Ara reserves the right to amend offerings to meet operational needs.

Key: *No class Monday 2 June (King's Birthday Weekend). ** No class Monday 27 October (Labour Weekend). *** No class Friday 14th November (Canterbury Anniversary Day).

Updated: SL 08/07/2025



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